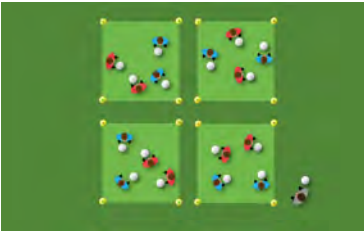
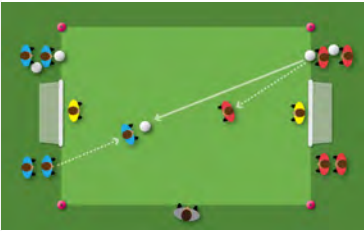

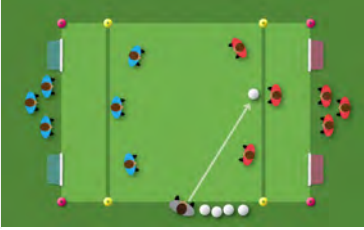



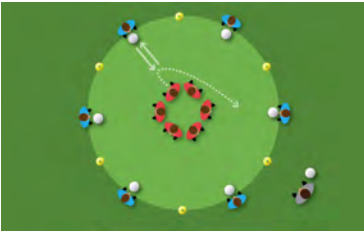
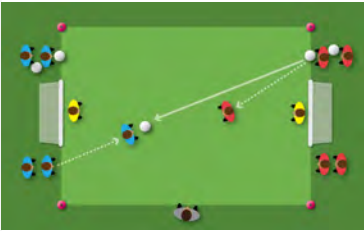
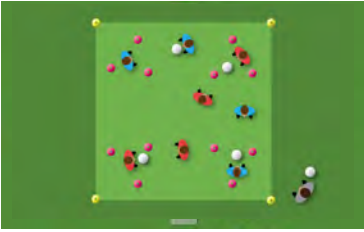
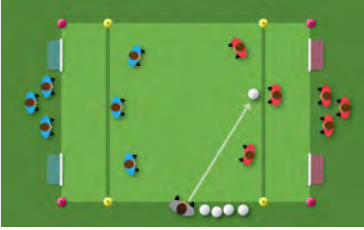

# U6/7 Program 11



Station	Tid	Øvelse	Fokuspunkt (vælg et max to)	Antal	Ansv.
1	15	 <p><b>Boldkaos på øer</b>  <a href="http://soccerskills.dk/oevelse?id=94">http://soccerskills.dk/oevelse?id=94</a></p>		12-24	
2	15	 <p><b>1v1 afslutninger</b>  <a href="http://soccerskills.dk/oevelse?id=35">http://soccerskills.dk/oevelse?id=35</a></p>		8 (4-12)	
3	15	 <p><b>2 mod 1 i to zoner</b>  <a href="http://soccerskills.dk/oevelse?id=100">http://soccerskills.dk/oevelse?id=100</a></p>		8 (4-12)	
4	15	 <p><b>Horst Wein</b>  <a href="http://soccerskills.dk/oevelse?id=18">soccerskills.dk/oevelse?id=18</a></p>		8 (4-12)	
		 <p><b>Kampform</b></p>			

# U6/7 Program 12



Station	Tid	Øvelse	Fokuspunkt (vælg et max to)	Antal	Ansv.
1	15	 <p><b>Cirkelopvarmning</b>  <a href="http://soccerskills.dk/oevelse?id=12">http://soccerskills.dk/oevelse?id=12</a></p>		12-24	
2	15	 <p><b>1v1 afslutninger</b>  <a href="http://soccerskills.dk/oevelse?id=35">http://soccerskills.dk/oevelse?id=35</a></p>		8 (4-12)	
3	15	 <p><b>Boldkaos i par</b>  <a href="http://soccerskills.dk/oevelse?id=89">http://soccerskills.dk/oevelse?id=89</a></p>		8 (4-12)	
4	15	 <p><b>Horst Wein</b>  <a href="http://soccerskills.dk/oevelse?id=18">soccerskills.dk/oevelse?id=18</a></p>		8 (4-12)	
		 <p><b>Kampform</b></p>			